

## Mint Quiz: Trivia Questions and Answers

1. Which plant family does mint belong to?

- Lamiaceae
- Ericaceae
- Zingiberaceae

2. This herb gets its name from ...

- the name of the village where it was first cultivated
- the name of the river on the banks of which people first found this herb
- the name of the nymph from Greek mythology

3. In ancient Greece, mint was rubbed into their hands in the belief that it would make them ...

- stronger
- gentler
- more beautiful

4. Mint is known in Greek mythology as an herb of ...

- tranquility
- cheerfulness
- hospitality

5. Can mint be grown from seed?

- Yes
- No

6. Which two wild species of mint is a hybrid of?

- Lamb mint and Australian mint
- Water mint and Spearmint
- Asian mint and Kopetdag mint

7. What is the name of a cocktail based on light rum and mint leaves?

- Mojito
- Daiquiri
- Bacardi

8. Mint is one of the most popular medicinal herbs. The smell of peppermint ...

- helps relieve stress
- helps relieve headaches
- Both answers are correct

9. Is peppermint a strong allergen?

- Yes
- No

10. Is peppermint considered an effective aphrodisiac?

- No
- Yes

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### Right answers

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