

Apricot Quiz: Trivia Questions and Answers

1. What is apricot?

- A fruit
- A flower
- A seed

2. What is the average height of the apricot tree?

- 6-10 m
- 4-8 m
- 8-12 m

3. In which country was apricot originally cultivated?

- Kuwait
- Persia
- China

4. What is another popular way of consuming apricots besides eating them raw?

- Eating them grilled
- Eating them dried
- Eating them marinated

5. The surface on an apricot fruit is:

- Bold
- Fluffy
- Perforated

6. Which vitamin is abundant in apricots?

- Vitamin C
- Vitamin A
- Vitamin D

7. Which fiber is contained in the rich amount in apricot fruits?

- Dietary fiber
- Soluble fiber
- Insoluble fiber

8. Eating apricots helps to slow down:

- The digestion process
- The ageing process
- The rejuvenation

9. How many calories are there in 100 grams of raw apricots?

- 39 calories
- 48 calories
- 23 calories

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Right answers

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