

## Bread Quiz: Trivia Questions and Answers

1. How is bread usually prepared?

- Toasted
- Baked
- Fried

2. What is the main ingredient in bread?

- Salt
- Flour
- Cereal

3. Where was bread originated?

- Japan
- The Netherlands
- Egypt

4. What is yeast added to bread for?

- A texture
- A volume
- A color

5. Which kind of bread is considered to be the oldest?

- The flat bread
- The inflated bread
- The rye bread

6. Which drink was called a liquid bread in ancient times?

- Vinegar
- Beer
- Brandy

7. How old are the oldest evidence of the existence of bread?

- 30,000 years ago
- 14,500 years ago
- 5,000 years ago

8. What was used for making the barm cake in ancient times?

- The foam skimmed from beer
- A smoked wine
- A rye

9. Which type of bread does NOT exist?

- Gluten-free bread
- Yeast-free bread
- Flour-free bread

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### Right answers

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Baked
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Flour
3. Where was bread originated?  
Egypt
4. What is yeast added to bread for?  
A volume
5. Which kind of bread is considered to be the oldest?  
The flat bread
6. Which drink was called a liquid bread in ancient times?  
Beer
7. How old are the oldest evidence of the existence of bread?  
30,000 years ago
8. What was used for making the barm cake in ancient times?  
The foam skimmed from beer
9. Which type of bread does NOT exist?  
Flour-free bread