

## Estonian cuisine Quiz: questions and answers





- 1. What are the basic ingredients in Estonian cuisine?
- O Pasta and potatoes
- O Meat and beans
- O Meat and potatoes
- 2. What cuisine has an influence on Estonian food?
- O Chinese
- O Indian
- O Scandinavian
- 3. When one should kiss a bread?
- O At the beginning of the wedding meal
- O Before eating it on Christmas morning
- O After it has been dropped to the floor by accident
- 4. What is the traditional Estonian dessert?
- O Kringle
- O Leivasupp
- Ice cream
- 5. What is the national dish of Estonia?
- O Gulash
- O Mole



## O Shashlik

- 6. What is the most popular drink in Estonia?
- O Wine
- Light malt ale
- O Beer
- 7. What are the Estonians eating habits linked to?
- O Seasons
- O Religion
- O Animals
- 8. What is the unique Estonian soup?
- O Bread soup
- Beer soup
- O Reindeer broth
- 9. What is the famous Estonian liqueur?
- O Vana Tallin
- O Jagermeister
- O Baileys
- 10. What is one of the traditional Christmas dishes in Estonian cuisine?
- O Potato salad
- O Gingerbread
- Tuna chowder



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## **Right answers**

1. What are the basic ingredients in Estonian cuisine? Meat and potatoes

2. What cuisine has an influence on Estonian food? Scandinavian

3. When one should kiss a bread?

After it has been dropped to the floor by accident

4. What is the traditional Estonian dessert? Kringle

5. What is the national dish of Estonia? Shashlik

6. What is the most popular drink in Estonia? Light malt ale

7. What are the Estonians eating habits linked to? Seasons

8. What is the unique Estonian soup? Bread soup

9. What is the famous Estonian liqueur? Vana Tallin

10. What is one of the traditional Christmas dishes in Estonian cuisine? Gingerbread