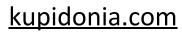


## Green Tea Quiz: questions and answers







1. Where did green tea originate?
O China
O Colombia
O Germany
2. What is green tea good for?
O The digestion of food
O Diabetes
O Fever
3. Who were the first to discover green tea?
O English
O Chinese
O Spaniards
4. What is the predominant vitamin of green tea?
O Vitamin C
O Vitamin A
O Vitamin E
5. What is the predominant mineral of green tea?
O Calcium
O Iron

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O Potassium
6. How long does it take to steep the green tea?
O 2 minutes
<ul><li>20 seconds to 50 seconds</li></ul>
O 30 seconds to 3 minutes
7. Which of these vitamins green tea doesn't contain?
O Vitamin C
O Vitamin A
O Vitamin E
8. It is said that green tea can help to prevent which disease?
O An arthritis
O A leukemia
O A cancer
9. What is the best water temperature to prepare the green tea?
O 61 °C - 87 °C
O 75 °C - 90 °C
O 95 °C - 100 °C



## Green Tea Quiz: questions and answers

## Right answers

1. Where did green tea originate? China

2. What is green tea good for? The digestion of food

3. Who were the first to discover green tea? Chinese

4. What is the predominant vitamin of green tea? Vitamin C

5. What is the predominant mineral of green tea? Potassium

6. How long does it take to steep the green tea? 30 seconds to 3 minutes

7. Which of these vitamins green tea doesn't contain? Vitamin A

8. It is said that green tea can help to prevent which disease?

9. What is the best water temperature to prepare the green tea? 61  $^{\circ}\text{C}$  - 87  $^{\circ}\text{C}$