

Icelandic Cuisine Quiz: questions and answers



1. When did farmers cultivate the first vegetable gardens in Iceland?

- 16th century
- 15th century
- 17th century

2. What do many restaurants in Iceland specialize in?

- Seafood
- Biryani
- Rice

3. Since which year is the annual Food and Fun chef's competition held?

- 2005
- 2004
- 2006

4. How many meals were usually eaten during the day in medieval Iceland?

- Three
- Four
- Two

5. How many people could Iceland support through subsistence farming?

- Around 50000
- Around 60000

Around 70000

6. Which product got banned during Christianisation in Iceland in 1000 AD?

Butter

Horse meat

Tea

7. Which of the following is the Icelandic traditional dairy product?

Doi

Ghee

Skyr

8. Which meat is an important part of Icelandic cuisine?

Beef

Pork

Lamb

9. What was commonly used for preserving meat before the 14th century?

Salt

Fermented whey

Seaweed

10. Which country's recipes has Icelandic cuisine been influencing by since the 18th century?

Finland

Denmark

Germany

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Right answers

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