

## Mediterranean Cuisine Quiz: Trivia Questions and Answers

1. What is the important ingredient of Mediterranean cuisine?

- Olive oil
- Vinegar
- Soy oil

2. Which area does the Mediterranean cuisine stand for?

- Mostly southern coast of Europe
- The area of the Baltic Sea
- Mostly northern Europe

3. Which of these countries is known for its Mediterranean cuisine?

- Norway
- Spain
- Denmark

4. Which of these dishes belongs to Mediterranean cuisine?

- Sushi
- Fried Chicken
- Paella

5. What is the typical drink in the Mediterranean cuisine?

- Wine
- Whisky
- Soda

6. Which of the following is a representative dish for Mediterranean cuisine?

- Ratatouille
- Fried Pig
- Hamburger

7. What is Mediterranean diet highly associated to?

- Fish and seafood
- Vegetables and dairy products
- Meat and vegetables

8. How is the Mediterranean cuisine considered in the world?

- The poorest cuisine
- The healthiest cuisine
- The most toxic cuisine

9. What is one of the most popular fruits in Mediterranean cuisine?

- Banana
- Mango
- Grape

10. Which of the following ingredients is important in Mediterranean cuisine?

- Bacon
- Soy
- Wheat

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### Right answers

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Olive oil
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Spain
4. Which of these dishes belongs to Mediterranean cuisine?  
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5. What is the typical drink in the Mediterranean cuisine?  
Wine
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Fish and seafood
8. How is the Mediterranean cuisine considered in the world?  
The healthiest cuisine
9. What is one of the most popular fruits in Mediterranean cuisine?  
Grape
10. Which of the following ingredients is important in Mediterranean cuisine?  
Wheat