

Nails Quiz: questions and answers



1. What is the Latin word for "nail"?

- Lymph
- Vuins
- Unguis

2. Which tissue protects the nail?

- The caritin
- The lunula
- The matrix

3. In which finger can lunula be visible?

- Thumb
- Pinky finger
- Index finger

4. Which one is the hard part of the nail?

- A nail bed
- A root
- A nail plate

5. Which fingernail grows faster than the others in the human body?

- Index finger
- Ring finger

Thumb

6. How fast do fingernails grow compared to the toenails?

- 6 times faster
- 4 times faster
- 2 times faster

7. What is the average growth rate of nails in a month?

- 6 mm
- 5 mm
- 3 mm

8. Which one is the primary component for nails?

- Alpha-keratin
- Dermis
- Omega-3

9. Which one is a common nail disorder?

- Spooting
- Tees
- Ingrowing toenail

10. When did Guinness World Records begin tracking fingernail lengths?

- 1955
- 1965
- 1960

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Right answers

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