

Nutmeg Quiz: questions and answers



1. What is nutmeg seed commonly used as?

- A spice
- A headache treatment
- A coloring

2. Which type of food can be made of nutmegs?

- Nutmeg butter
- Nutmeg halva
- Nutmeg flour

3. For how long should nutmegs be dried before consuming?

- 6-8 weeks
- 9-10 weeks
- 11-13 weeks

4. What is the size of nutmeg?

- 10-13 mm
- 32-39 mm
- 20-30 mm

5. Where is the fragrant nutmeg cultivated?

- In Penang, Malaysia
- In Thimpu, Vutan

In Dhaka, Bangladesh

6. When does the first harvest of nutmeg happen after planting?

- 7-9 years
- 1-2 years
- 2-3 years

7. In Indonesian cuisine, nutmeg is widely used for cooking _____

- Soto soup
- Khir
- Bora

8. Which popular spice mix contains a little amount of nutmeg?

- Garam masala
- Curry
- Khmeli suneli

9. Which part of the nutmeg is used for making jams and candies?

- The shell
- The pericap
- The flower

10. In medieval times it was believed that the nutmeg can prevent _____

- Pregnancy
- Plague
- Curse

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Right answers

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