

Olive Oil Quiz: Trivia Questions and Answers

1. How is olive oil produced?

- By blending whole olives in a kitchen blender
- By crushing whole olives by foot-stomping
- By pressing whole olives

2. Where is the olive tree native to?

- Orinoco basin
- Mediterranean basin
- Rio de la Plata basin

3. Which country is the largest producer of olive oil?

- Syria
- Spain
- Greece

4. Archeological evidence shows that olives were turned into olive oil by:

- 12000 BC
- 1500 BC
- 6000 BC

5. Who recommended applying a mixture of olive oil combined with either oil of cedar, ointment of lead, or ointment of frankincense to the cervix to prevent pregnancy?

- Pythagoras
- Aristotle
- Plato

6. What was the worldwide production of olive oil in 2016/17 period?

- 5,586.2 thousand tonnes
- 6,285.5 thousand tonnes
- 2,586.5 thousand tonnes

7. Which ancient civilization used olive oil during the massage to prevent sports injuries and relieve muscle fatigue?

- Babylonians
- Hittites
- Greeks

8. How many liters of olive oil do greeks consume per person annually?

- 19 liters
- 29 liters
- 24 liters

9. What is the name given to the olive oil that is extracted from olive pulp after the first press?

- Virgin olive oil
- Olive pomace oil
- Refined olive oil

10. According to the USDA, how many calories does one tablespoon of olive oil (13.5 g) provide?

- 319
- 119
- 219

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Right answers

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