

## Saffron Quiz: 10 Trivia Questions and Answers

1. What is saffron?

- A spice
- A fish
- A fruit

2. Which flower is saffron derived from?

- Syringodea bifucata
- Crocus sativus
- Iris pseudacorus

3. Which country is thought to be the first where saffron was cultivated?

- Italy
- Greece
- Spain

4. Which chemical gives saffron its distinctive color?

- Crocin
- Melanin
- Luciferin

5. Which country accounts for approximately 90% of today's world production of saffron?

- Saudi Arabia
- Spain
- Iran

6. What was Saffron known as in 7th century BC?

- Sennacherib
- Esarhaddon
- Ashurbanipal

7. How tall can a saffron plant grow?

- 30 cm
- 20 cm
- 40 cm

8. How much of dried saffron can be produced from a single fresh-picked flower?

- 7 mg
- 30 mg
- 100 mg

9. In which country's cuisine saffron is not very popular?

- Russian
- European
- Indian

10. How many kcal does 1 tbsp of dried saffron provide?

- 6.5 kcal
- 5.6 kcal
- 8.1 kcal

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### Right answers

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