

## Umami Quiz: questions and answers





- 1. Umami is referred to which taste?
- O Savory
- O Bitter
- O Sweet
- 2. When was umami taste first discovered?
- 19th century
- O 20th century
- O 21st century
- 3. Umami is numbered which basic taste?
- O First
- O Third
- O Fourth
- 4. What are umami bombs?
- O Dishes which have at least 1 umami Ingredient
- A umami serving restaurant
- Dishes whose ingredients are rich in umami
- 5. Which of the following is richest in umami taste?
- O Cured Ham
- O Tomatoes



## O Rice

- 6. Which Japanese chemist coined the term "umami"?
- O Kikunae Ikeda
- O Akio Ikeda
- O Gorou Ikeda
- 7. An infant normally comes in contact with Umami for the first time via:
- O Water
- O Honey
- O Breast milk
- 8. Umami tastes so because of which acid?
- Benzoate
- O MSG
- O Pyruvate
- 9. Which sauce is the reachest with umami flavor?
- O BBQ
- O Tabasco
- O Worcestershire sauce



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## **Right answers**

1. Umami is referred to which taste? Savory 2. When was umami taste first discovered? 20th century 3. Umami is numbered which basic taste? First 4. What are umami bombs? Dishes whose ingredients are rich in umami 5. Which of the following is richest in umami taste? Cured Ham 6. Which Japanese chemist coined the term "umami"? Kikunae Ikeda 7. An infant normally comes in contact with Umami for the first time via: Breast milk 8. Umami tastes so because of which acid? MSG 9. Which sauce is the reachest with umami flavor? Worcestershire sauce