

Veganism Quiz: questions and answers



1. Who is vegetarian?

- Person who doesn't eat Choco Lava
- Person who doesn't eat peas
- Person who doesn't eat meat and eggs

2. What do most vegans eat as closest to non-veg?

- Beef
- Pork
- Mushrooms

3. When non-vegetarians try veganism, what in their body goes low?

- Concentration Level
- Attention Level
- BP Level

4. What is the product that is closest to replace eggs for vegans?

- Apple
- Strawberry
- Banana

5. What can vegans eat?

- Plants only
- Animals only

Dairy Only

6. The most essential vitamin that vegans need to supplement is?

- K
- B12
- D

7. Who was the founder of "The Vegan Society", in 1944 in England?

- Henry Watson
- Oliver Watson
- Donald Watson

8. When is the World Vegan Day held every year?

- 21st November
- 1st November
- 5th November

9. Where is the highest percentage of the population being vegans?

- India
- Israel
- Australia

10. Who is a raw vegan?

- Who eats only greens in any form
- Who eats dairy and plants
- Who eats uncooked greens

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Right answers

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