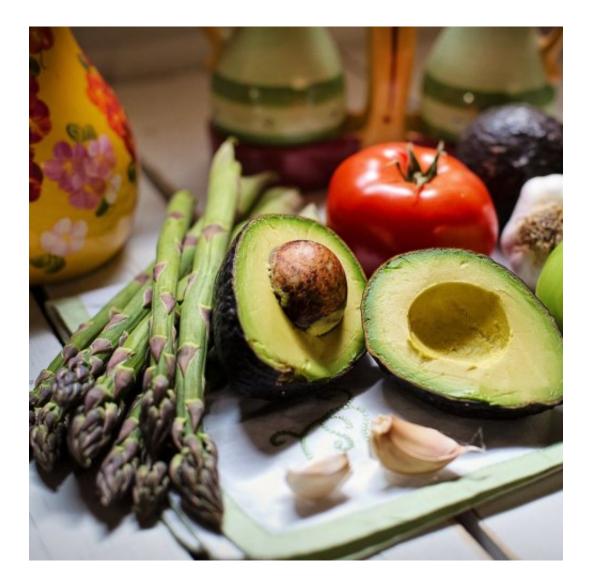


## Veganism Quiz: questions and answers





- 1. Who is vegetarian?
- O Person who doesn't eat Choco Lava
- O Person who doesn't eat peas
- O Person who doesn't eat meat and eggs
- 2. What do most vegans eat as closest to non-veg?
- O Beef
- O Pork
- O Mushrooms
- 3. When non-vegetarians try veganism, what in their body goes low?
- O Concentration Level
- O Attention Level
- O BP Level
- 4. What is the product that is closest to replace eggs for vegans?
- O Apple
- O Strawberry
- 🔘 Banana
- 5. What can vegans eat?
- O Plants only
- O Animals only



## O Dairy Only

- 6. The most essential vitamin that vegans need to supplement is?
- ΟК
- O B12
- ΟD
- 7. Who was the founder of "The Vegan Society", in 1944 in England?
- O Henry Watson
- O Oliver Watson
- O Donald Watson
- 8. When is the World Vegan Day held every year?
- O 21st November
- O 1st November
- O 5th November
- 9. Where is the highest percentage of the population being vegans?
- O India
- O Israel
- O Australia
- 10. Who is a raw vegan?
- Who eats only greens in any form
- Who eats dairy and plants
- Who eats uncooked greens



## Veganism Quiz: questions and answers

## **Right answers**

Who is vegetarian?
Person who doesn't eat meat and eggs
What do most vegans eat as closest to non-veg?

3. When non-vegetarians try veganism, what in their body goes low? BP Level

4. What is the product that is closest to replace eggs for vegans? Banana

5. What can vegans eat? Plants only

6. The most essential vitamin that vegans need to supplement is? B12

7. Who was the founder of "The Vegan Society", in 1944 in England? Donald Watson

8. When is the World Vegan Day held every year?

1st November

Mushrooms

9. Where is the highest percentage of the population being vegans? India

10. Who is a raw vegan?

Who eats uncooked greens